

WHAT IS GRAVITY SPA?

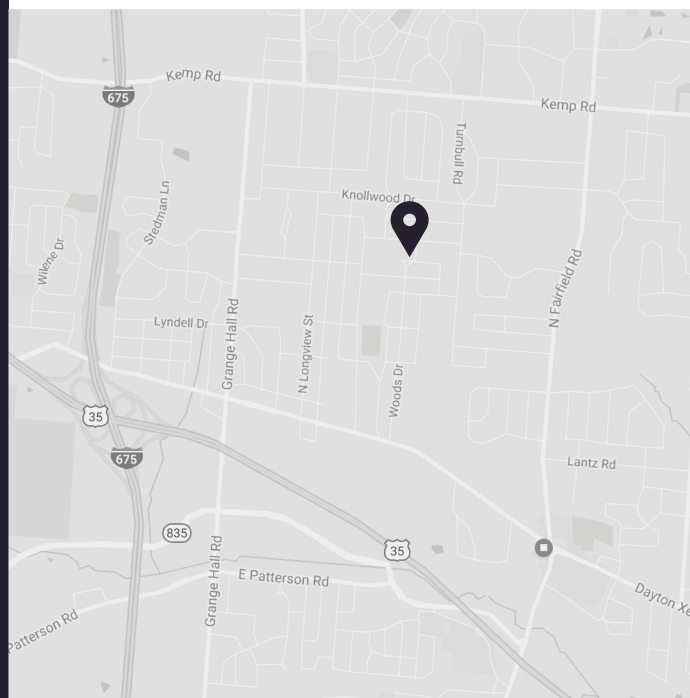
Open since 2011, Gravity Spa is the region's first and longest running float center. Our private float cabins are filled with ten inches of water, saturated with 1000 lbs of epsom salt, causing one to float effortlessly atop the water, much like the Dead Sea. The temperature is kept at 93.5 degrees, the average person's skin temperature. The high salinity, comfortable temperature, and absence of light and sound in the tank combine to create a completely sensory-deprived environment, allowing you to reach a state of total physical and mental relaxation. We also have a strong team of massage therapists knowledgeable in a wide range of techniques. We want to be associated with more than just relaxation. Gravity Spa's mission is to not only serve the body, but encourage growth of the human mind and spirit. Everyone needs time alone to rebuild.

15 REASONS TO FLOAT

1. Promotes relaxation
2. Reduces pain
3. Improves sleep
4. Alleviates (physical & mental) stress
5. Promotes self-improvement
6. Deepens meditation
7. Increases magnesium levels
8. Helps flush toxins
9. Aids in sports recovery
10. Reduces depression
11. Relieves arthritis
12. Reduces blood pressure
13. Improves creativity
14. Promotes deep/abstract thought
15. Being weightless feels awesome!

FIND US ON THE MAP:

1905 WOODS DRIVE, BEAVERCREEK, OH



WE ARE OPEN FROM 9-9 EVERY DAY BY
APPOINTMENT ONLY.

CONTACT@GRAVITYSPA

(937) 696-9595

Please contact us for more information
or to schedule time for yourself. Be sure to
follow us on our social media for exclusive
deals and see what we are up to.



www.gravityspa.com



GRAVITY SPA

INVEST IN YOUR MIND

"BEING INSIDE A FLOAT TANK,
IS LIKE DRIFTING IN SPACE!"

It's not selfish
to love
yourself, take
care of
yourself, &
to make your
happiness
a priority. It's
necessary.

MANDY HALE



FAQ

Do I need to bring anything?

Nope! Most people don't wear anything. The only things you might want are a comb and deodorant for after your shower. We have towels, earplugs, and all the necessary amenities.

What if I'm claustrophobic?

No problem! You're in complete control of your environment and quickly lose track of the walls around you. Claustrophobic people float successfully all the time!

What if I'm on my period?

I know you'll be sad, but please give us a call and we'll help you reschedule. Thanks for understanding!

Can I float with Fibromyalgia?

Yes! People with Fibro have been reporting significant benefits. Multiple studies are in progress.

I have PTSD. Can I float?

Yes! The solitude we provide, can allow for a very personal experience. Many have used floating to help them overcome a range of disorders.

Can I float if I am pregnant?

Yes! Don't miss the opportunity to experience floating during your pregnancy. Being weightless is a grand relief and the environment allows you to connect with your baby on the most intimate level. If you have concerns, consult your doctor first.

MASSAGE THERAPY

Pair any length of floatation with one of these massages for a package discount and the ultimate relaxation experience.

- **Deep Tissue Massage**
- **Hot Stone Massage**
- **Prenatal Massage**
- **Warm Oil**
- **Relaxation Massage**
- **Sports Massage**
- **Swedish Massage**
- **Thai Yoga Massage (coming 2018)**

+Add **Aromatherapy** to any
massage (extra charge)

Pricing for our float sessions, massages,
and bundled packages are available by calling
(937) 696-9595 or at www.gravityspa.com