

NEED A REASON TO FLOAT?

Promotes relaxation

Reduces pain

Eliminates fatigue

Improves sleep

Alleviates (mental and physical) stress

Improves creativity

Improves athletic performance

Reduces sports injuries

Speeds up healing process

Decreases Cortisol & Lactic Acid

Deepens meditation

Reduces depression

Reduces anxiety & fear

Helps treat drug addiction

Relieves arthritis

Relieves migraines

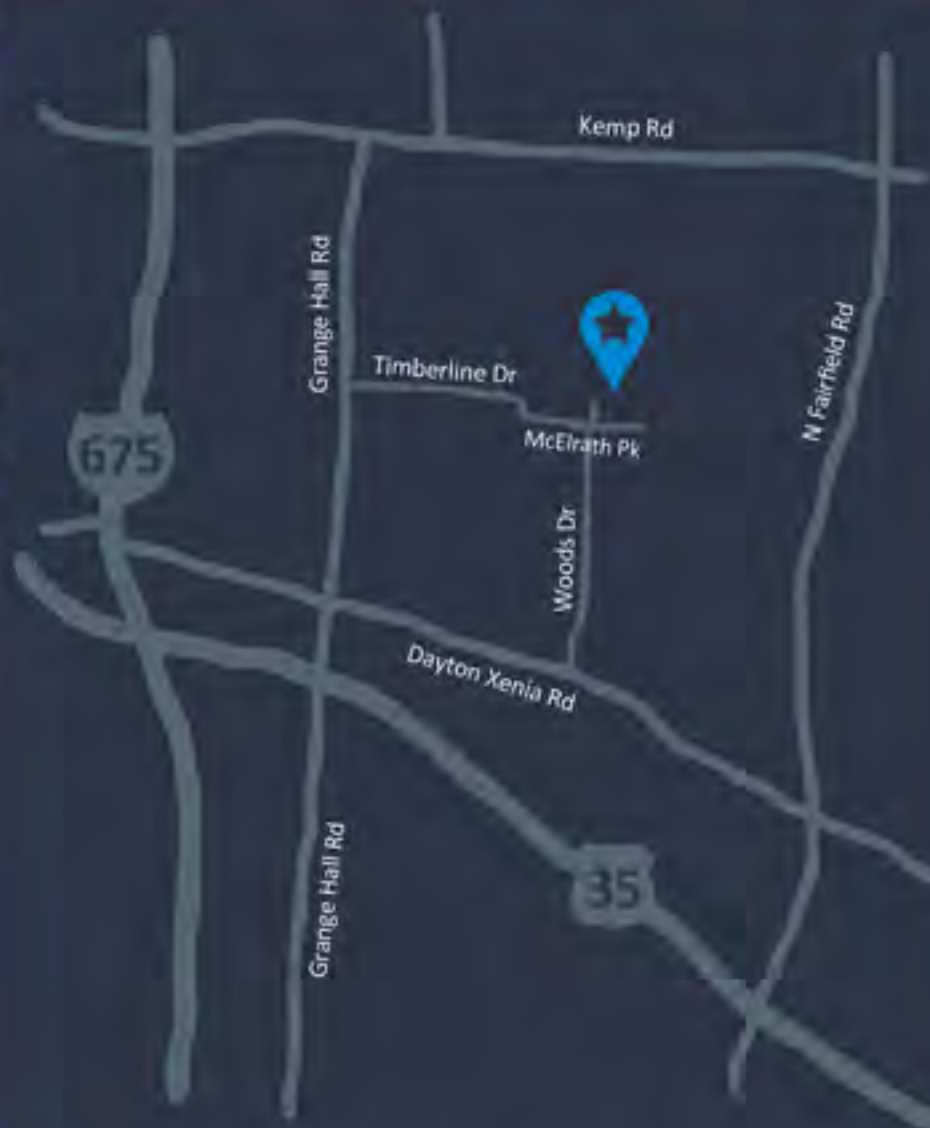
Reduces blood pressure

Reduces heart rate

Reduces oxygen consumption

Facilitates weight loss

HOW TO FIND US



1905 Woods Drive Beaver Creek, Ohio 45431

For more information about our services or to book an appointment, please contact us. Be sure to "Like" us on Facebook for exclusive deals and float packages.

www.gravityspa.com

(937) 696 9595

contact@gravityspa.com

facebook.com/gravityspa

[@gravityspa](https://twitter.com/gravityspa)

www.gravityspa.com

INVEST
IN YOUR
MIND.
INVEST
IN YOUR
BODY.

Gravity
SPA

WELCOME TO Gravity SPA

Gravity Spa is home to the region's first and only state-of-the-art flotation tanks. Our private flotation cabins are filled with ten inches of water and saturated with a thousand pounds of Epsom salt, causing one to float effortlessly and weightlessly atop the water. The water temperature is at a constant 93.5 degrees Fahrenheit, which is the body's normal skin temperature. The high density of Epsom salt, warm water temperature, and absence of light and sound in the tank combine to create a complete sensory deprived environment, allowing you to reach a state of total physical and mental relaxation.

WHO FLOATS?

Artists
Nurses
Doctors
Paramedics
Police & Fire
Moms & Dads
Free Thinkers
Musicians
Engineers
Social Workers
Architects

Scientists
Teachers
Landscapers
Designers
Military
Athletes
Students
Carpenters
Business Owners
YOU.

FLOTATION THERAPY

We offer two flotation tanks, each located within their own room for complete privacy. Floating session rates are based off of the following intervals:

- 1 hour session
- 1.5 hour session
- 2.5 hour session
- 5 hour session
- 8 hour session



MASSAGE THERAPY

In addition to flotation, Gravity Spa offers an extensive list of various massage therapies. Enjoy these on there own or combine them with a float session for the ultimate relaxation experience.

- Deep Tissue Massage
- Hot Stone Massage
- Prenatal Massage
- Reflexology Massage
- Relaxation Massage
- Sports Massage
- Swedish Massage
- Warm Oil Massage



Pricing for our float sessions, massages, and bundled packages are available by calling (937) 696 9595 or at www.gravityspa.com.

www.gravityspa.com

What if I'm claustrophobic?

No problem at all. The tank looks more intimidating than it is. If you're concerned, you can just float with the door open.

What do I need to bring?

Nothing! You're given your own private room. You'll undress, shower, float, shower again, and then put your clothes back on. That's it! We have towels, robes, shampoo, conditioner, soap, hair dryers, etc!

Can I drown?

Nope. Some people fall asleep but you are so buoyant that you stay afloat. Even if you doze off and attempt to roll over, the worst that will happen is that you'll get some salt in your eyes and be awoken.

Can I float if I'm pregnant?

Yes! Pregnant woman love floating. However, if you're in your third trimester or have concerns, we recommend consulting your physician before coming in.

What if it's that time of the month?

Yes. Please just follow the same protocols you would for a swimming pool.

How are the tanks cleaned?

We cycle all 250 gallons 4x through a filter and UV system between every floater. With the UV and high volume of salt, it is impossible for any bacteria to survive. We also keep a close eye on all chemical levels and treat the water with hydrogen peroxide.